

WHAT TO EXPECT WITH HEARING AIDS

Information for Family Members

Getting new hearing aids is a bit of an adjustment.

Most people have hearing loss for several years before they receive hearing aids.

Because they have been missing more sounds than they thought:

- High frequency sounds such as dishes, toilets flushing, birds chirping sound strange **AT FIRST**.
- This improves with time over several weeks and months **IF** they wear them all day everyday.
- Conversations will **GRADUALLY** become more clear and easy to understand. *This can take up to 18 months.*

We provide sound to our patients with new hearing aids in a gradual way.

We want your brain to get used to the new high frequency sounds before we deliver all the sound that you need for your most efficient hearing.

TIPS

Try to focus on people's voices and don't get too concerned about unimportant sounds that you are hearing at first. Your brain will learn to filter these out with practice.

There will be some things to learn with regards to your hearing aids. Try to bring a friend or family member along to your appointment to help you remember or ask for us to make important notes for you to take home.

We set up time to go over everything with you at your fitting appointment as well as again at follow up appointments.

Wear your hearing aids every day from morning until bedtime except for showering/bathing or swimming for the best hearing ability.

Learn as much as you can about your own hearing aids: how to care for them, basics of what to do if they're not working (cleaning/changing batteries or filters). Ask your hearing care professional lots of questions.

Get retested once every two years. Hearing changes just like your eyes and your hearing aids can be adjusted to help you hear better.

To learn more take a look at our website www.audiologyinnovations.ca.

Contact us for on-site appointments at most Silvera communities. No medical referral is required.

Information is provided by Carrie Scarff, PhD Audiologist.



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