

- Alberta Health Living Program 403-943-2584
Supervised Exercise Program (physician referred)
OA classes and General Activity
<https://www.albertahealthservices.ca/info/page13984.aspx>
- Arthritis Society 403-228-2571
- GLA:D Sites in Calgary
 - Crowfoot Physio 403-241-1600
 - Momentum Health Ogden 403-236-0106
 - Momentum Health Westbrook 403-454-1600
- Some Medical Suppliers in NW Calgary and nearby
 - CalMedi 403-663-8777
 - KenRon 403-289-7224
 - Coop Home Health Care Richmond 403-299-4488
 - Shoppers Home Health Care 403-250-2200
- Options for warm water exercise
 - Vecova 403-289-5651
 - Spray Lakes Sawmills Pool (Cochrane) 403-932-1635



